

## **SPAH PE report 2022 - 2023**

### **PE**

The children are provided with 2 hours of PE a week in the Infant and Junior schools. Breaktime play has been enhanced by the use of fitness apparatus in the large Playground, which supplements the pre-existing climbing wall and frame. In addition, play equipment is supplied and all classes have weekly access to the football court. CPD delivered, means teachers are better equipped to deliver the curriculum with more confidence and this is evident from observations made of lessons across a range of PE topics.

### **Curriculum.**

We are making use of the Get Set 4 PE scheme. It is a curriculum that matches our vision and targeted outcomes and ensures teaching of the Early Learning Goals, KS1 and KS2 National Curriculum outcomes.

All pupils in KS1 and KS2 have the opportunity to develop their fundamental movement skills, which includes opportunities to extend their agility, balance and coordination, individually and with others.

In KS1 they master basic movements during multi-skills which include running, jumping, throwing and catching, moving on to more advance skills in KS2.

Over the year, CPD was delivered and individual teachers attended courses delivered by experts on every aspect of the curriculum. The coordinator attended training and liaised with advisor, Kim Henderson.

### **Gymnastics**

New equipment was purchased to support the delivery of lessons.

From Nursery to Year 6, the children develop balance, agility, flexibility, strength and co-ordination through high quality gymnastic sessions. However, this is still an area that needs to be further developed and supported in the new academic year, with CPD to support staff and after school clubs to revisit new skills.

### **Swimming**

We continue to attend swimming lessons at Duke's Aldridge Academy. Swimming instructors are provided for two levels of ability: a beginners group and a group ranging from capable to strong swimmers. Swimming will benefit from working with parents to encourage them to get their children to take up swimming at an early age.

## **Dance**

All year groups participate in focused dance lessons as part of the Get Set 4 PE scheme, which develop progressively through the school and link to gymnastics and other areas of the curriculum. Dance is well taught in many parts of the school and children enjoy lessons and the creative opportunities they allow.

Dance club: Street Ahead dance school continued their successful collaboration with SPAH with another sequence of lesson culminating in public performances. This gave our p[pupils the opportunity to grow in confidence and build good social skills. We will continue to work with Streetz Ahead in the new academic year.

## **Games**

A progressive skills-based curriculum runs through both school with the intention of developing skills to the point where children are able to play full or small sided games independently and respond to coaching within those games. The intention is that more pupils are able to take part in competitive sport both in school and with clubs joined through the local community.

Games are a very popular part of PE, but tends to focus mainly on football. In order to develop pupils' skills even further, it is important that we include a wider range of sports.

Participation in competitions were limited this year. A bigger focus is needed next year to arrange intra and inter competitions.

## **Athletics**

Students learn running, jumping and throwing skills and develop these through focussed lessons and activities.

Our pupils show a love for athletic activities and this should be used more in intra competitions next year.

## **After school Provision**

While not part of the PE curriculum, provision is supplemented by a range of after school sports clubs from multi-skills in the lower years to football in KS2. Next year, we must insure that a wider range of sports are reflected in the after school clubs.